



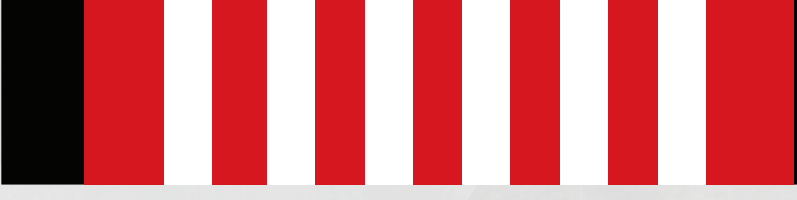
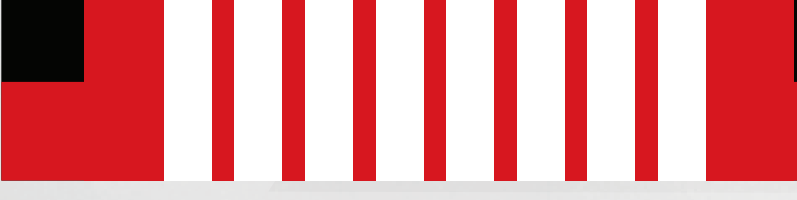

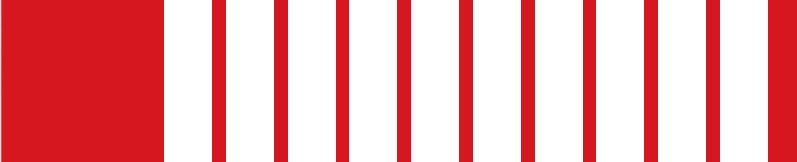




Adults Belt System

	Minimum Time	Minimum Age
 1m 1m 2m 4m 4m	1 Year	-
 4m 5m 5m 5m 5m	2 Years	16
 3m 3m 4m 4m 4m	1 1/2 Years	16
 3m 3m 4m 4m 4m	1 1/2 Years	18
 3Y 3Y 3Y 5Y 5Y 5Y 7Y	3 1/2 Years	19
 7Y	7 Years	50
 10Y	10 Years	57
		67

The time it takes for a GB Student to be promoted from White Belt to Black Belt is up to the GB Student's Professor. However, Gracie Barra requires a mandatory minimum amount of time each GB Student must spend at each belt level. Furthermore, a mandatory minimum attendance of twice per week, being at least half Gi classes, is also required. Belt and stripe promotion is not permitted in No-Gi classes.